



# 52<sup>nd</sup> Annual Family Medicine Refresher Course Conference

## MARCH 27-28, 2025

DoubleTree by Hilton Hotel  
6301 NY-298 | East Syracuse, NY 13057  
CME Credit - KSA Workshops

Presented by:



A Member of Trinity Health

Together with: SUNY Upstate Medical University Department of Family Medicine

# GENERAL INFORMATION

## COURSE DESCRIPTION

This two day course is designed to present an intensive review for family physicians who are either preparing for the re-certification examination of the American Board of Family Medicine, or desire to keep abreast of some of the changing concepts in practice. Emphasis will be placed on topics important to the family physician. An evidence based approach will be used.

## PROGRAM OBJECTIVES

- Present a comprehensive review of clinical topics.
- Address newer evidence based approaches to patient care and current medical management.
- Emphasize frequently encountered problems seen in day to day practice.

## WORKSHOPS

Group workshops are designed to present caveats of patient care on timely medical topics. Faculty presenters have been selected for their clinical experience on these topics.

### KSA WORKSHOPS

#### What is a KSA Working Group?

Physicians who have entered the ABFM Maintenance of Certification cycle come together to complete the knowledge assessment section for the MC-FP KSA requirement (Part II). After completing the session, AAFP staff report your answers to the ABFM. Your next step is to go to the ABFM Web site, pay the necessary fees, and complete the clinical simulation section. The clinical simulation section presents patient care scenarios corresponding to the topic module. Once you have completed these steps, you have completed Part II of the MC-CP. Eight (8) CME credits are awarded for successfully completing each Part II Module. Once you have completed the clinical simulation, the ABFM reports your credit to the AAFP's Continuing Medical Education Records Department. **Not all questions will be discussed and attendees will still need to go online to get the additional 8 hours of credit.**

## ACCREDITATION

This session "52nd Annual Refresher Course Conference" is approved for 17.0 live AAFP Prescribed credits.

## LODGING AND MEETING PLACE

A limited number of rooms as a discounted rate have been reserved at the DoubleTree by Hilton Hotel. Please mention the St. Joseph's Refresher Course block. Please contact the DoubleTree directly at 315-432-0200.



## PROGRAM DIRECTOR

**Elizabeth McNany, M.D.**

Associate Program Director

St. Joseph's Family Medicine Residency

Assistant Professor, Department of Family Medicine

SUNY Upstate Medical University

**SCAN HERE**  
to register online

# AGENDA - THURSDAY MARCH 27, 2025

- 7:30-8:00AM**     **Registration, Breakfast and Posters**  
Elizabeth McNany, MD, Associate Program Director, St. Joseph's Family Medicine Residency
- 8:00-9:00AM**     **Update on Dementia**  
Andrea Berg, MD, Geriatrics Medicine Faculty, SUNY Upstate Medical University
- 9:00-10:00AM**     **Sexually Transmitted Infections**  
Hannah Brundage, DO, Family Medicine-Surgical Obstetrics Fellow, St. Joseph's Health Hospital
- 10:00-10:15AM**     **BREAK & POSTERS**
- 10:15-11:15AM**     **How to Get Numbers Spectacularly Wrong**  
Joshua Steinberg, MD, Faculty, UHS Wilson Family Medicine Residency
- 11:15-12:00PM**     **GI Cancer Screening**  
DeAnn Cummings, MD, Faculty, St. Joseph's Family Medicine Residency  
Sara-Ann Fox, MD, Faculty, St. Joseph's Family Medicine Residency
- 12:00-1:00PM**     **LUNCH**
- 1:00-2:00PM**     **Approach to the Ischemic Evaluation in the Inpatient and Outpatient Settings**  
Andrew Weinberg, DO, Program Director, Cardiology Fellowship, SUNY Upstate Medical University
- 2:00-3:00PM**     **Addressing Opioid Use Disorder in the Primary Care Setting**  
Jenna Hiestand, MD, Consultant-Liaison Psychiatrist, St. Joseph's Health Hospital
- 3:00-3:30PM**     **BREAK & POSTERS**
- 3:30-5:30PM**     **Afternoon Session #1: KSA - Behavioral Health Care**  
Gerry Edwards, MD, Faculty, St. Joseph's Family Medicine Residency  
Matthew Picone, MD, Faculty, St. Joseph's Family Medicine Residency
- 3:30-5:30PM**     **Afternoon Session #2: Dermoscopy**  
DeAnn Cummings, MD, Faculty, St. Joseph's Family Medicine Residency  
Lyana Mahmoudi, MD, Faculty, Mary Washington's Family Medicine Residency
- 3:30-5:30PM**     **Afternoon Session #3: Introduction to Diagnostic Musculoskeletal Ultrasound**  
Kyle Plante MD, Sports Medicine Fellowship Trained, St. Joseph's Primary Care - Cicero

# AGENDA - FRIDAY MARCH 28, 2025

7:30-8:00AM

## Registration, Breakfast and Posters

Elizabeth McNany, MD, Associate Program Director, St. Joseph's Family Medicine Residency

8:00-8:30AM

## Nonoperative Treatment of Hip Arthritis and Conditions

Kevin Kopko, MD, Fellowship Trained Orthopedic Surgeon, Syracuse Orthopedic Specialists

8:30-9:00AM

## Nonoperative Treatment of Knee Arthritis and Conditions

Max Greenky, MD, Fellowship Trained Orthopedic Surgeon, Syracuse Orthopedic Surgeons

9:00-10:00AM

## Thyroid and Breast Updates for the Family Physician

Kara Kort, MD, FACS, Medical Director, Breast Care and Surgery, St. Joseph's Physicians Surgical Services

10:00-10:30AM

## BREAK & POSTERS

10:30-11:30AM

## LGBTQ+ Care: What All PCPs Should Know

Arie Rennert, MD, Associate Program Director, Morristown Medical's Family Medicine Residency

11:30AM-

12:15PM

## Pediatric Orthopedics for the Primary Care Provider

Francis O'Connor, MD, COL, USA (Ret), Professor and Chair, Military and Emergency Medicine Uniformed Services University of the Health Sciences

12:15-1:15PM

## LUNCH

1:15-2:15PM

## A Day in the Life of a Hospitalist

Bobby Pohar, MD, Internal Medicine Teaching Service Faculty, St. Joseph's Family Medicine Residency

2:15-3:15PM

## Physician: Heal Thy Self

Kaushal Nanavati, MD, Assistant Dean of Wellness, SUNY Upstate Medical University

3:15-3:30PM

## BREAK & POSTERS

3:30-5:30PM

## Afternoon Session #4: KSA - Care of Women

Dawn Brink-Cymerman, MD, Associate Program Director, St. Joseph's Family Medicine Residency

Kristen McNamara, MD, Faculty, St. Joseph's Family Medicine Residency

3:30-5:30PM

## Afternoon Session #5: Palliative Care Cases

Megan Matott, DO, Fellowship Trained, St. Joseph's Physicians - Palliative Care

3:30-5:30PM

## Afternoon Session #6: Good...Best...Better: Creating a better, healthier, you!

Kaushal Nanavati, MD, Assistant Dean of Wellness, SUNY Upstate Medical University