

# ST. JOSEPH'S HEALTH PGY-1 PHARMACY RESIDENCY PROGRAM



A Member of Trinity Health

## ST. JOSEPH'S HEALTH

Completing my PGY1 Residency at St. Joseph's Health provided me with well-rounded knowledge and experience in providing inpatient and ambulatory pharmaceutical care. The program was flexible in allowing me to explore my interests, and ultimately guided me to complete a PGY2 residency. Now in my current role as a Clinical Pharmacy Specialist, I utilize my knowledge and experience from PGY1 each and every day. I am thankful for the opportunities and mentors I gained while at St. Joseph's!

**Jenna Langdon, PharmD, BCPS, CDCES, PGY-1 Class of 2017**  
Clinical Staff Pharmacist, Saratoga Hospital

The PGY1 pharmacy residency at St. Joseph's Health is an excellent opportunity for learning and growth. It offers a wide variety of mandatory core rotations with options to tailor the elective rotations to the resident's interests. The program's dedicated preceptors make for an exciting and welcoming learning environment. Our pharmacy program boasts advancement of pharmacy practice through programs stemmed from resident projects and interests such as our transition of care and ambulatory care services. I greatly enjoyed my time here as a resident and would highly recommend the program!

**Ashleigh Dennis, PharmD, BCPS, PGY-1 Class of 2013**  
Clinical Pharmacist and Preceptor at St. Joseph's Health

When I was considering a residency program, I knew my goals were to improve my ability to make clinical interventions, become an engaging patient counselor, and develop the skills to create a successful research project. The residency program at St. Joseph's Health provided many opportunities to collaborate with health care professionals and patients to optimize outcomes and provide more holistic care. Through working alongside the pharmacists at St. Joseph's Health, I was able to expand my clinical skills and become a better pharmacist.

**Kelsey Hennig, PharmD, BCPS, PGY-1 Class of 2019**  
Clinical Pharmacist, Shields Health Solutions



When applying for residency programs during my last year of pharmacy school, it was very important to me to find a program that would both challenge me, but also provide constant support. St. Joe's is a step above any team that I have worked with in the past. I am truly lucky to have worked alongside some of the most brilliant pharmacists I have ever met!

The pharmacy department welcomed me with open arms and has become my home away from home. They truly foster a family-like environment, and I knew it was something that can be hard to find. I am so thrilled to stay on as a clinical staff pharmacist upon graduating from the PGY-1 residency program!

**Lara Tran, PGY-1 Class of 2024**

Clinical Pharmacy Specialist, St. Joseph's Health

During my time as a resident at St. Joe's, I was able to make the full transition from a pharmacy student to an independent clinical pharmacist. I loved being able to tailor my experiences to fit my goals and interests. For example, although none of the previous residents had completed rotations in psychiatry, I had the support to create both inpatient and emergency psych rotations which helped me decide to pursue psychiatry for my PGY-2! The preceptors are fantastic as well, and I've been lucky to keep in touch with a few of them since graduation both on a personal and professional level.

**Kristin Waters, PGY-1 Class of 2016**

Assistant Clinical Professor at University of Connecticut  
and PGY-2 Residency in Psychiatry Program Coordinator

"I believe that a residency at St. Joseph's Health prepared me for my role today as a Clinical Pharmacy Specialist. The ability to be involved in a broad array of rotations prepared me for the ever evolving world of pharmacy. I believe a great clinical pharmacist has to have a working knowledge of many topics to be successful and a true asset. The size of the residency program allowed for a more individualized approach and was something that I believe added to the experience. I think St. Joseph's is an excellent starting point for anyone looking to build a foundation of knowledge to continue to grow from."

**Gabe Sasso, BCPS, BCIDP, PGY-1 Class of 2016**

Director of Pharmacy, St. Mary's Healthcare

ST. JOSEPH'S HEALTH



## Who we are: St. Joseph's Health

- 451 bed community teaching hospital that has been serving our community for 150 years
- In 2019, we opened the A. John Merola Cardiovascular Center of Excellence
- America's 50 Best Hospital's for Cardiac Surgery and Top 6 in the Nation from the Society of Thoracic Surgeons
- Partnered with Roswell Park to offer a higher standard of medical oncology
- Leapfrog Safety Grade A
- Largest family medicine residency program in the Northeast

*We, St. Joseph's Health and Trinity Health, serve together in the spirit of the Gospel as a compassionate and transforming healing presence within our communities*



# Our Pharmacy:

*Providing safe & effective pharmaceutical care to all patients*

Inpatient pharmacy services 24 hours a day, 7 days a week

- **Integrated practice model**
  - Daily decentralized services
  - 24/7 main pharmacy operations
- We staff pharmacists full time in our Cardiovascular and Medical Intensive Care Units, support our medical residency program teaching teams, have a strong transitions of care practice focused on reducing readmissions through detailed discharge counseling, staff full time in the Operating Room and have robust antimicrobial stewardship and diabetic stewardship teams
- Our Emergency Department and intensive care units are staffed 7 days a week
- We are lucky to have Dr. Lisa Avery, professor at St. John Fisher, Wegmans School of Pharmacy and Director of our PGY-2 infectious diseases residency program working with us
- The pillars of our clinical practice are: Antimicrobial Stewardship, Transitions of Care, Diabetic Stewardship and Pain Management



# PGY-1 Pharmacy Residency Program:

- Number of Positions: 2
- Strong clinical focus with the flexibility to customize scheduling and rotation choices to the career goals of our residents
- We support the completion of a Teaching Certificate Program
- Our residents' staff every 3<sup>rd</sup> weekend on our clinical consult service and work one 4-8pm shift a week in the main pharmacy
- We offer ~8 weeks of elective rotation experience
- Immediate integration into our family medicine medical residency program
- 20 paid days off, subsidized medical/dental/vision/life insurance
- Paid travel to both ASHP Midyear and the New York State Council of Health Systems Pharmacists Resident Research and Practice Forum



Learning Experiences PGY-1

Learning Experience	Length
<b>Required, Concentrated Learning Experiences</b>	
PGY-1 Resident Orientation	6 weeks
Emergency Services	4 weeks
Antibiotic Stewardship	4 weeks
Internal Medicine 1	4 weeks
Internal Medicine 2	2-4 weeks
Transitions of Care	4 weeks
Medical Surgical Intensive Care	4 weeks
Cardiovascular Care	4 weeks
<b>Longitudinal Learning Experiences</b>	
Leadership	52 weeks, 1-2 hours a month
Pharmacy Clinical Consult Service	Every 3 <sup>rd</sup> weekend from August-June 16 hour minimum/weekend
Main Pharmacy Operations	4 hours once every week (1600-2000), starting in August
Longitudinal Research Project	52 weeks At least 2 weeks of dedicated research time annually. More time will be granted as needed based on the project
Teaching, Learning and Drug Information	Longitudinal, all year. Time commitment TBD: if completing a teaching and learning certificate program, anticipate 5 days away from residency to complete in person requirements
Population Health	Estimated time commitment: 1hr per week, on average
<b>Elective Learning Experiences**</b>	
Ambulatory Care	At discretion of the schedule Each elective rotation is designed to be 2 weeks in duration, but could be tailored to be longer if it will help achieve the <u>residents</u> goals for their career
Operating Room	
Heart Failure Elective	
Critical Care Elective	
Emergency Services Elective	
Teaching/Precepting Elective	
<i>Opting for additional elective time in our required learning experiences is also possible, as long as no more than 1/3 of the year is spent in the same practice area</i>	

*\*\*Additional elective experiences may be developed based on resident interest. We are also always open to collaborating with other local institutions to provide residents with unique elective experiences*

- *Examples of practice areas that could support electives: Diabetic Stewardship or Outpatient Oncology*
- *Examples of custom off-site electives we have offered in the past: Addiction management, Pediatrics*



# Application Requirements:

1. Degree from an accredited school of pharmacy
2. Official College Transcript
3. Letter of Intent that includes:
  1. Why you think you will succeed in our residency program (ex: how our learning experiences align with your professional goals/areas of interest)
  2. Please also consider adding a short story about a time where you positively impacted the care of a patient.
4. Three letters of recommendation
5. Licensure in New York State by September 30<sup>th</sup> of residency year

**Residency Program Director:**  
Christine Rahme, PharmD, BCPS  
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