



# 51<sup>st</sup> Annual Family Medicine Refresher Course Conference

## MARCH 7-8, 2024

Sheraton Syracuse University Hotel and Conference Center  
801 University Avenue | Syracuse, NY 13210

CME Credit • KSA Workshops

Presented by:



A Member of Trinity Health

Together with: SUNY Upstate Medical University

# GENERAL INFORMATION

## COURSE DESCRIPTION

This two day course is designed to present an intensive review for family physicians who are either preparing for the re-certification examination of the American Board of Family Medicine, or desire to keep abreast of some of the changing concepts in practice. Emphasis will be placed on topics important to the family physician. An evidence based approach will be used.

## PROGRAM OBJECTIVES

- Present a comprehensive review of clinical topics.
- Address newer evidence based approaches to patient care and current medical management.
- Emphasize frequently encountered problems seen in day to day practice.

## WORKSHOPS

Group workshops are designed to present caveats of patient care on timely medical topics. Faculty presenters have been selected for their clinical experience on these topics.

### KSA WORKSHOPS

#### What is a KSA Working Group?

Physicians who have entered the ABFM Maintenance of Certification cycle come together to complete the knowledge assessment section for the MC-FP KSA requirement (Part II). After completing the session, AAFP staff report your answers to the ABFM. Your next step is to go to the ABFM Web site, pay the necessary fees, and complete the clinical simulation section. The clinical simulation section presents patient care scenarios corresponding to the topic module. Once you have completed these steps, you have completed Part II of the MC-CP. Eight (8) CME credits are awarded for successfully completing each Part II Module. Once you have completed the clinical simulation, the ABFM reports your credit to the AAFP's Continuing Medical Education Records Department. **Not all questions will be discussed and attendees will still need to go online to get the additional 8 hours of credit.**

## ACCREDITATION

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

## LODGING AND MEETING PLACE

A limited number of rooms at a discounted rate have been reserved at the Sheraton Syracuse University Hotel. Please mention the St. Joseph's Health Rate. Please contact the Sheraton directly for reservations at 315-475-3000 Special Rates held only until Sunday, February 11, 2024.

On Thursday evening, please join us for a cocktail hour as we celebrate and honor Anne Louise on her retirement from St. Joseph's Health after more than 20 years of outstanding service.

### PROGRAM DIRECTOR

**Elizabeth McNany, M.D.**

Family Medicine Residency Faculty  
St. Joseph's Health  
Assistant Professor, Department of Family Medicine  
SUNY Upstate Medical University



**SCAN HERE**  
to register online

# AGENDA - THURSDAY MARCH 7, 2024

- 7:30-8:00AM**      **Registration and Breakfast, Moderator**  
Elizabeth McNany, MD, Faculty, St. Joseph's Family Medicine Residency
- 8:00-9:00AM**      **Fatty Liver**  
Nathaniel Kaufman, MD, Faculty, St. Joseph's Family Medicine Residency
- 9:00-10:00AM**      **GERD**  
Beata Belfield, MD, St. Joseph's Physicians Surgical Services
- 10:00-10:30AM**      **BREAK**
- 10:30-11:15AM**      **ADHD in Children**  
Eric MacMaster, MD, Program Director, Child and Adolescent Psychiatry fellowship,  
SUNY Upstate Medical University
- 11:15AM-12:15PM**      **Sinusitis**  
Haidy Marzouk, MD, St. Joseph's Physicians, ENT
- 12:15-1:15PM**      **LUNCH**
- 1:15-1:45PM**      **Cervical Spondylosis**  
Jessica Albanese, MD, Fellowship Trained Spine Surgeon
- 1:45-2:15PM**      **Hip Arthritis**  
David Quinzi, MD, Fellowship Trained Adult Reconstructive Surgeon
- 2:15-3:15PM**      **What You Can Still Do With Aspirin**  
Joshua Steinberg, MD, Faculty, UHS Wilson Family Medicine Residency
- 3:15-3:30PM**      **BREAK**
- 3:30-5:30PM**      **Afternoon Session #1: Genetics Workshop**  
Robert Ostrander, MD, Medical Director, Rural Medical Scholars Program/RMED,  
SUNY Upstate Medical University  
Mylynda Massart, MD, PhD, Director, UPMC Primary Care Precision Medical Center
- 3:30-5:30PM**      **Afternoon Session #2: KSA Palliative Care**  
Greg Faughnan, MD, Faculty, St. Joseph's Family Medicine Residency  
Megan Matott, DO, Hospice and Palliative Medicine Fellow, Rochester Regional Health
- 3:30-5:30PM**      **Afternoon Session #3: EKG**  
Michael Hoban, DO, St. Joseph's Physicians - Cardiovascular Institute  
Arie Rennert, MD, Faculty, Atlantic Health Morristown Family Medicine Residency

# AGENDA - FRIDAY MARCH 8, 2024

- 7:30–8:00AM**      **Registration and Breakfast, Moderator**  
Elizabeth McNary, MD, Faculty, St. Joseph's Family Medicine Residency
- 8:00–9:00AM**      **Atrial Fibrillation**  
Andrew Weinberg, DO, Assistant Professor of Medicine, SUNY Upstate Medical University
- 9:00–10:00AM**      **Dermatology Updates for the Family Physician**  
Joyce Farah, MD, FAAD, Farah Dermatology and Cosmetics
- 10:00–10:30AM**      **BREAK**
- 10:30–11:30AM**      **Asthma in Children**  
Sarah Marsh, MD, St. Joseph's Physicians - Primary Care Center West
- 11:30AM–12:15PM**      **Diabetes**  
DeAnn Cummings, MD, Faculty, St. Joseph's Family Medicine Residency
- 12:15–1:15PM**      **LUNCH**
- 1:15–2:15PM**      **Menopause: The Most Treatable Thing You See Every Day and Do Nothing About!**  
Madison Healey, MD, Faculty, St. Joseph's Family Medicine Residency
- 2:15–3:15PM**      **Thyroid Disease: An Update for Pregnancy and Beyond**  
Emma Rudebusch, MD, Family Medicine-Surgical Obstetrics Fellow, St. Joseph's Health Hospital
- 3:15–3:30PM**      **BREAK**
- 3:30–5:30PM**      **Afternoon Session #4: KSA Diabetes**  
Ryan Planer, MD, Faculty, St. Joseph's Family Medicine Residency
- 3:30–5:30PM**      **Afternoon Session #5: Joint Injections**  
Vanessa Lalley-Demong, DO, Faculty, St. Joseph's Family Medicine Residency  
Miklos McMaster, MD, PGY2 Resident, St. Joseph's Family Medicine Residency
- 3:30–5:30PM**      **Afternoon Session #6: Women's Health**  
Sandra Sulik, MD, Retired Faculty, St. Joseph's Family Medicine Residency  
Emma Rudebusch, MD, Family Medicine-Surgical Obstetrics Fellow, St. Joseph's Health