



Working With Gender Diverse Children

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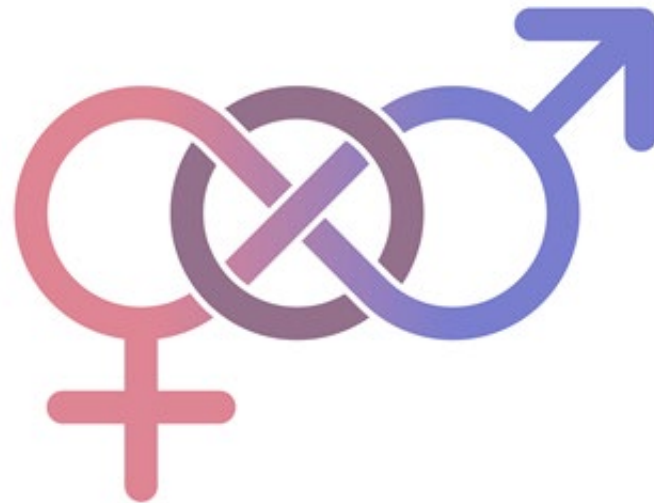
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Sex vs. Gender

- ▶ **Sex Assigned at Birth:** The assignment and classification of people as male, female, intersex, or another sex assigned at birth often based on physical anatomy at birth and/or karyotyping.
- ▶ **Gender Identity:** One's internal sense of being male, female, neither of these, both, or other gender(s).
 - ▶ For transgender people, their sex assigned at birth and their gender identity are not necessarily the same.
- ▶ **Gender Expression/Presentation:** The physical manifestation of one's gender identity through clothing, hairstyle, voice, body shape, etc. Many transgender people seek to make their gender expression match their gender identity, rather than their sex assigned at birth. Someone with a gender nonconforming gender expression may or may not be transgender.

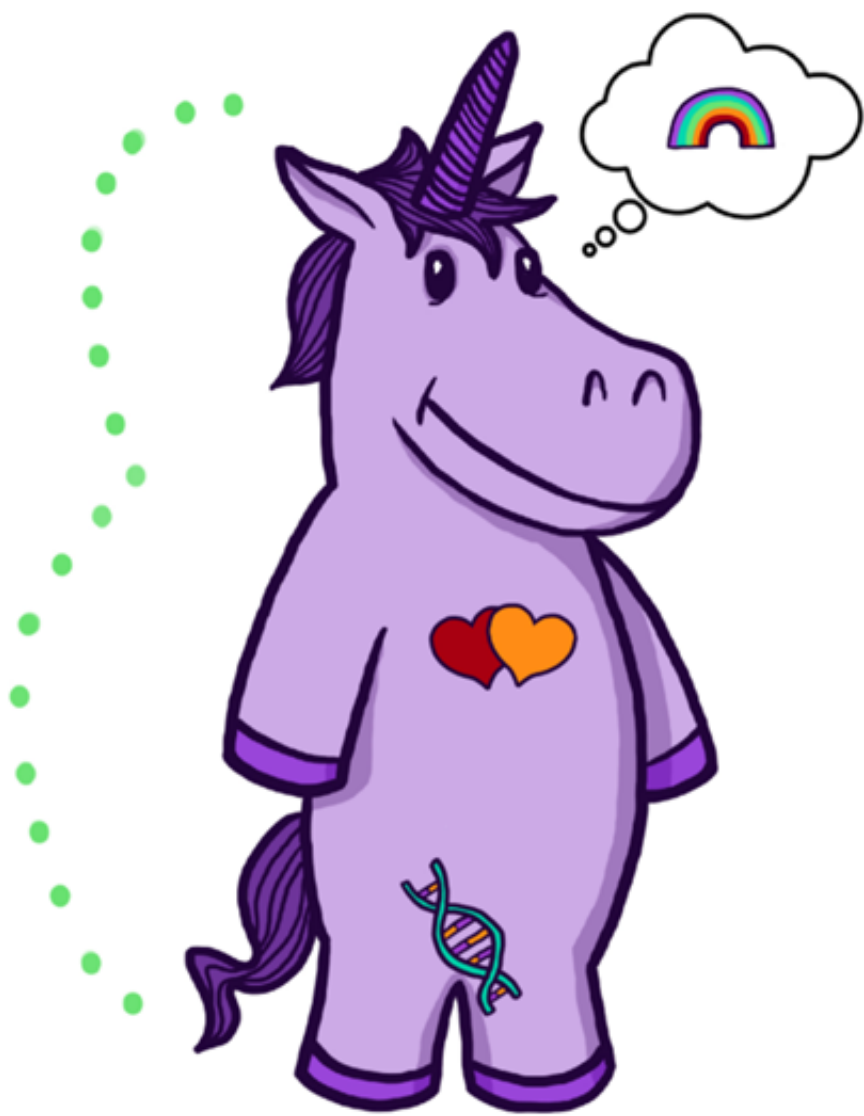
Sexual Orientation

- ▶ A person's physical, romantic, emotional, aesthetic, and/or other form of attraction to others. In Western cultures, gender identity and sexual orientation are not the same. Trans people can be straight, bisexual, lesbian, gay, asexual, pansexual, queer, etc. just like anyone else. For example, a trans woman who is exclusively attracted to other women would often identify as lesbian.



Not Synonyms


- ▶ Sex assigned at birth does not equal gender does not equal sexual orientation!



Gender Identity

-  Female / Woman / Girl
-  Male / Man / Boy
-  Other Gender(s)

Gender Expression

-  Feminine
-  Masculine
-  Other

Sex Assigned at Birth

-  Female
-  Male
-  Other/Intersex

Physically Attracted to

-  Women
-  Men
-  Other Gender(s)

Emotionally Attracted to

-  Women
-  Men
-  Other Gender(s)

To learn more, go to:
www.transstudent.org/gender

Design by Landyn Pan and Anna Moore

Common Terminology

- ▶ **Cisgender:** “identifies as their sex assigned at birth.” A cisgender/cis person is not transgender. “Cisgender” does not indicate biology, gender expression, or sexuality/sexual orientation.
- ▶ **Transgender/Trans:** An umbrella term for people whose gender identity differs from the sex they were assigned at birth. The term transgender is not indicative of gender expression, sexual orientation, hormonal makeup, physical anatomy, or how one is perceived in daily life.

Transgender vs. Transsexual

- ▶ **Transsexual:** A deprecated term that is often considered pejorative similar to transgender in that it indicates a difference between one's gender identity and sex assigned at birth. Transsexual often – though not always – implicates hormonal/surgical transition from one binary to the other.

Keep in Mind

- ▶ **Trans Woman / Trans Man:** Trans woman generally describes someone assigned male at birth who identifies as a woman. This individual may or may not actively identify as trans.
 - ▶ Often it is good just to use woman or man.
 - ▶ Sometimes trans women identify as male-to-female (also MTF, M2F, or trans feminine) and sometimes trans men identify as female-to-male (also FTM, F2M, or trans masculine). Please ask before identifying someone.
 - ▶ Use the term and pronouns preferred by the individual.

Binary

- ▶ **The Gender Binary:** A system of viewing gender as consisting solely of two, opposite categories, termed “male and female”, in which no other possibilities for gender or anatomy are believed to exist.
- ▶ **Non-binary:** Preferred umbrella term for all genders other than female/male or woman/man, used as an adjective. Not all non-binary people identify as trans and not all trans people identify as non-binary. Sometimes (and increasingly), non-binary can be used to describe the aesthetic/presentation/expression of a cisgender or transgender person.

Other Gender Identity Terms

- ▶ **Agender:** An umbrella term encompassing many different genders of people who commonly do not have a gender and/or have a gender that they describe as neutral. Many agender people are trans. As a new and quickly-evolving term, it is best you ask how someone defines agender for themselves.

Bigender: Refers to those who identify as two genders. Can also identify as multigender (identifying as two or more genders). Do not confuse this term with Two-Spirit, which is specifically associated with Native American and First Nations cultures.

Other Gender Identity Terms cont.

- ▶ **Gender Fluid:** A changing or “fluid” gender identity.

Genderqueer: An identity commonly used by people who do not identify or express their gender within the gender binary. Those who identify as genderqueer may identify as neither male nor female, may see themselves as outside of or in between the binary gender boxes, or may simply feel restricted by gender labels. Many genderqueer people are cisgender and identify with it as an aesthetic. Not everyone who identifies as genderqueer identifies as trans or non-binary.

Sexual Orientation Terms

- ▶ **Aromantic:** The lack of romantic attraction, and one identifying with this orientation.
- ▶ **Asexual:** The lack of a sexual attraction, and one identifying with this orientation.
- ▶ **Bisexuality:** An umbrella term for people who experience sexual and/or emotional attraction to more than one gender (pansexual, fluid, omnisexual, queer, etc).

Sexual Orientation Terms cont.

- ▶ **Pansexual:** Capable of being attracted to many/any gender(s). Sometimes the term omnisexual is used in the same manner. “Pansexual” is being used more and more frequently as more people acknowledge that gender is not binary. Sometimes, the identity fails to recognize that one cannot know individuals with every existing gender identity.
- ▶ **Polysexual:** Capable of being attracted to multiple gender(s).

Healthy People 2020- Disparities

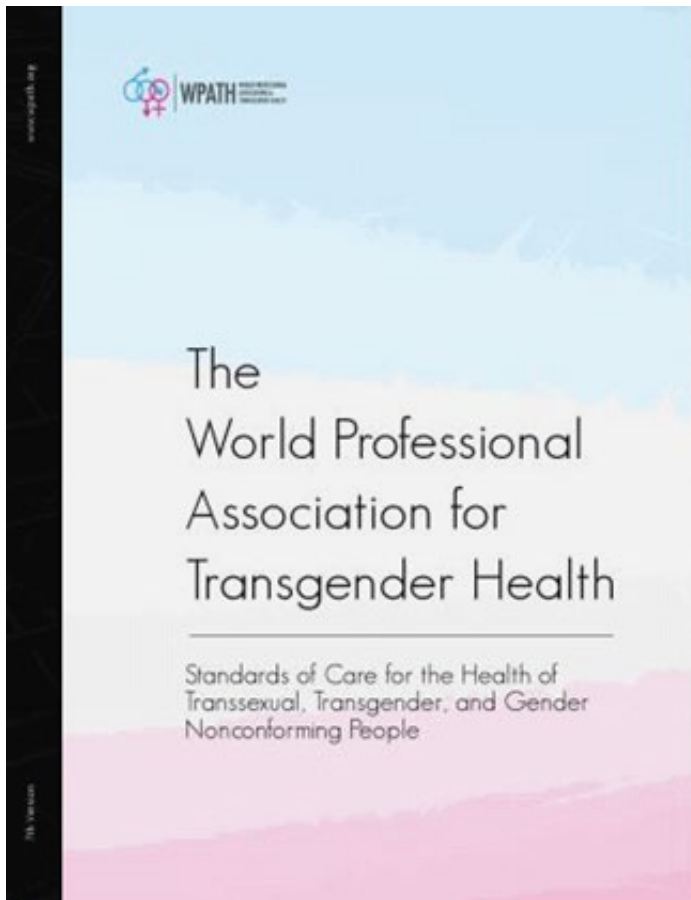
- ▶ LGBT youth are:
 - ▶ 2 to 3 times more likely to Attempt suicide
 - ▶ More likely to be homeless(20-40% of homeless youth are LGBT)
 - ▶ At higher risk of HIV and STDs
- ▶ LGBT students in HS are more likely than their heterosexual counterparts to experience violence from multiple sources.(Kann, 2011)
- ▶ HS students of both sexes who have same-sex sexual partners more commonly engage in unhealthy eating behaviors than those with only opposite sex sexual partners (Robin, 2002)

Healthy People 2020- Disparities

- ▶ Transgender people experience very high rates of victimization and suicide attempts.
- ▶ Higher rates of depression, anxiety, substance abuse and suicidal ideation among LGBT's



WPATH: Standards of Care



<https://www.wpath.org/publications/soc>

My Trans Life

▶ [My Trans Life](#)



Acknowledgements

- ▶ <http://www.transstudent.org/definitions>
- ▶ “The Gender Unicorn” by Landyn Pan & Anna Moore
- ▶ Healthy People 2020. [healthypeople.gov](https://www.healthypeople.gov)
- ▶ “My Trans Life: Transgender Kids.” Barcroft TV.